

Jawbone Up 24 User Guide

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Jawbone Up 24 User Guide

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User manual Jawbone UP24 (13 pages)

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The Jawbone UP platform is one of the best in the business, with plenty of features to motivate you to move more throughout the day (and tracking your sleep through the night). ... Beginners guide ...

19 essential Jawbone tips: Get more from your Jawbone ...

As with the older Up, the Up24 can track your sleep. Press and hold the button on the end of the Up24, and it will vibrate for a second and a small green moon icon will light up.

Jawbone UP24 Review - Fitness Activity Tracker - Tom's Guide

A guide on how to sync and use Jawbone's Up band. Admire the beautiful packages and lift the sides carefully (with tape) to open the lid. Open the flap 'get to know the Up band'. Inside you will have the charging cable. Not needed to begin but you'll need it shortly to get your band 10-day battery life.

How to Sync and Use a Jawbone Up Band - Snapguide

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UP24: Setting Up Your New Band

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